

# Delta Classics...

## Delta Canadian Classic

Two vita omega eggs your style, herbed Yukon Gold potato hash,  
your choice of bacon, ham or sausage  
A choice from our bakery of toast, croissant, muffin or  
a toasted English muffin, & a selection of preserves  
Coffee or Tea  
14

## ♣ Alberta Steak & Eggs

AAA striploin, two vita omega eggs any style,  
Portobello mushroom, grilled Roma tomato, herbed  
Yukon Gold potato hash, with toast & preserves  
Coffee or Tea  
17

## ♣ ♣ Healthy Start

Your choice of Tropicana orange, apple or grapefruit juice  
Plain or fruit-flavoured yogurt, fresh baked  
low-cal muffin & seasonal fruit plate  
Coffee or Tea  
13

# Healthy Choices...

## ♣ Healthy Breakfast

Special K topped with fresh seasonal berries & skim milk  
Served with a fresh baked low-calorie muffin  
& Tropicana orange, apple or grapefruit juice  
10

## ♣ Swiss Muesli

Oatmeal, oat bran, coconut, apples, banana, grapes,  
dates, almonds & raisins soaked in skim milk  
& topped with fresh strawberries  
8

## ♣ Heart Smart

Scrambled low-cholesterol eggs served with fresh fruit  
& multi-grain toast  
11

## ♣ Yogurt Parfait

Layers of muesli, seasonal berries & yogurt, surrounded by  
fresh fruit & house made banana bread  
8

# From the Griddle...

Add bacon, sausage or ham 4

## ♣ French Toast

Texan or raisin bread with sautéed bananas, fresh berries &  
Quebec maple syrup  
10

## Buttermilk Pancakes

Three large pancakes with your choice of blueberry,  
strawberry, mixed berry, chocolate or caramel topping  
11

## ♣ Belgian Waffle

Whipped cream & choice of blueberry, strawberry,  
mixed berry, chocolate or caramel topping  
12

# Buffet...

## Continental Breakfast Buffet

Fresh selection of pastries, fresh & dried fruits, cereals,  
oatmeal, assorted cheese, yogurt & muesli  
Your choice of Tropicana orange, apple or grapefruit juice  
Coffee or Tea  
12.95

## Compass Breakfast Buffet

Continental selection plus, scrambled eggs, Chef's daily egg  
feature, bacon, sausage, potatoes & a daily griddle feature.  
Your choice of Tropicana orange, apple or grapefruit juice  
Coffee or Tea  
17.95



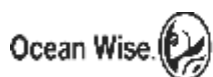
Regional Cuisine



Low Calorie / Healthy Alternative



Vegetarian Cuisine



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice

*"Our Kitchen is Your Kitchen"*

Please let our service team know of any special requests & we will do our best to accommodate them

Taxes & Gratuities are not included

# Rise 'n Shine...

## Traditional Omelette

Three egg omelette with your choice of ham, mushrooms, peppers, green onions, tomatoes & cheese with herbed Yukon Gold potato hash, toast & preserves  
12

## Scrambled Ham & Cheese Croissant

Three omega vita eggs scrambled, Black forest ham & cheddar cheese on a baked croissant with grilled Roma tomato, herbed Yukon Gold potato hash  
11

## Breakfast Sandwich

Scrambled vita omega eggs on, Canadian back bacon, provolone cheese on toasted raisin bread with grilled Roma tomato & herbed Yukon Gold potato hash  
11



## Compass Omelette

Three egg omelette with smoked wild sockeye salmon, asparagus, goat cheese & served with seasonal fruit, Yukon Gold potato hash, toast & preserves  
14

## Southwestern Breakfast Wrap

Three eggs scrambled with andouille sausage, onions & Monterey Jack cheese wrapped in a soft flour tortilla shell & topped with salsa  
14

## Compass Breakfast Pizza

Thin crust with scrambled eggs, sautéed peppers, mushrooms, vine ripe tomatoes, sausage, bacon & topped with aged Canadian cheddar  
14

# Eggs Benedict...

## Traditional Benedict

Toasted English muffin, two poached vita omega eggs, Canadian back bacon with hollandaise sauce, herbed Yukon Gold potato hash & seasonal fruit  
15

## Ranchmen's Benedict

Alberta beef tenderloin, herbed Yukon Gold potato hash, two poached vita omega eggs with tarragon hollandaise sauce & seasonal fruit  
16



## House Cured Salmon Benedict

Wild sockeye salmon cured & served on a toasted English muffin, two poached vita omega eggs, dill hollandaise sauce, herbed Yukon Gold potato hash & seasonal fruit  
16

## Sides...

Herbed Yukon Gold potato hash	4	Canadian back bacon	4
Smoked bacon strips	4	Grilled pork sausage	4
Country style breakfast ham	4		

## Beverages...

Coffee or decaffeinated coffee	3
Herbal tea	3
Hot chocolate	3
Espresso, Cappuccino, Latté or Americano	4.25
Tropicana juice	3.75
Orange, apple or grapefruit	
Assorted juice	3
V8, tomato or Cranberry	
Milk	2.75
Skim, 1%, 2% or chocolate	
Perrier water (330ml)	3
Pellegrino or Acqua Panna Water(500 ml)	3.75
Pellegrino water (750ml)	6
Acqua Panna Water (1l)	7

## Additional Items...

Toasted bread	3
White, whole wheat, multi-grain, raisin or rye	
Toasted English muffin	3
Assorted muffins	2.50
Croissant or Danish pastry	3
Plain bagel	3
Bagel with cream cheese	4.50
with smoked salmon	11
Seasonal berries	8.50
Sliced banana	4
All-natural yogurt	3.50
Fresh fruit plate	7.50
Fresh orange & grapefruit segments	8.50
with cottage cheese	
Cold cereal - assorted	4
Hot cereal - oatmeal or cream of wheat	4.50

**Advisory:** Consuming raw or undercooked meat, poultry, seafood, shellfish and eggs may increase the risk of food borne related illness. Thorough cooking of such foods reduces this risk.